

## CLINICAL POLICIES AND PROCEDURES

**NEWBORN USE ONLY  
GIVEN ON DOCTORS ORDER ONLY**

**ENOXAPARIN SODIUM  
LOW MOLECULAR WEIGHT HEPARIN**

**DESCRIPTION**

Enoxaparin is a fractionated, low molecular weight heparin with a longer duration of action than heparin. This anticoagulant activates antithrombin III that progressively inactivates both thrombin and factor Xa. Efficacy in neonates is decreased due to low antithrombin plasma concentrations

**Advantages of fractionated Low Molecular Weight Heparin over unfractionated heparin sodium**

- Once daily dosing, rather than a continuous infusion
- No need for monitoring of the APTT coagulation parameter
- Possibly a smaller risk of bleeding
- Smaller risk of heparin-induced thrombocytopenia
- Anticoagulant effects are reversible with protamine sulfate

Enoxaparin is rapidly absorbed. Its bioavailability is 90%. Metabolised by the liver, eliminated by the kidneys.

Data on the safety and efficacy of enoxaparin in the neonate are limited because of the infrequent nature of neonatal thrombosis.

**USE**

Deep vein thrombosis  
Pulmonary embolus  
Arterial thromboses

**PRESENTATION**

20mg/0.2ml pre-filled syringes

**DOSE**

1.5 mg/kg every 12 hours  
Adjust dosage to maintain anti-factor Xa levels between 0.5 - 1 U/ml.

**USE ONLY AFTER CONSULTATION WITH HAEMATOLOGY DEPARTMENT AT SCH**

**ADMINISTRATION**

Subcutaneous injection

**STORAGE**

Discard unused portion

**MONITORING**

Measure anti-factor Xa concentrations 4 hours after a dose.

**Guidelines for adjusting LMWH Therapy in Neonates**

Anti-factor Xa concentration U/ml	Dose adjustment	Next anti-factor Xa measurement
<0.35	increase next dose by 25%	4 hr following dose adjustment
0.35 - 0.49	increase next dose by 10%	4 hr following dose adjustment
0.5 - 1.0	no change	Weekly 4 hr following a dose If change in renal function, addition of antibiotics, signs of bleeding, check level 4 hr after next dose
1.1 -1.3	decrease next dose by 20%	Before next dose and 4 h following dose adjustment
1.4 to 2.0	hold dose until anti-factor Xa level <1 then decrease next dose by 30%	4 hr following dose adjustment
>2.0	hold dose until anti-factor Xa level <0.5 then decrease next dose by 40%	12 h until anti-factor Xa level <0.5, then 4 hr following reinstitution of therapy

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**ADVERSE EFFECTS** Local irritation, pain, bruising following subcutaneous injection  
Haemorrhage - blood leakage, bruises, induration, or hematoma at the site of the indwelling catheters, minor bleeding found in gastric feeding tubes  
Thrombocytopenia  
Elevation of liver enzymes (AST & ALT)  
Osteopenia

**ANTIDOTE** If anticoagulation with LMWH must be terminated for any reason, discontinuation of the subcutaneous injections usually is sufficient. At least two doses of LMWH should be withheld and anti-factor Xa measured, if possible, prior to the performance of lumbar punctures and other invasive procedures.  
Protamine sulfate neutralizes the anti-factor Xa activity only partially, but has been shown to reverse bleeding due to LMWH in animal models. The recommended dose of protamine sulfate is 1 mg for 100 U of LMWH given within 4 hours.

**CONTRAINDICATIONS** Infants with active bleeding  
Evidence of intracranial or GI bleeding  
Thrombocytopenia < 50,000  
Renal failure

**DRUG INTERACTIONS** **1. Platelet inhibitors** acetylsalicylic acid, ibuprofen, indomethacin may induce bleeding and should be used with caution.  
**2. Other interactions** digoxin, tetracyclines, or antihistamines may partially counteract the anticoagulant action of heparin.

**SOLUTION COMPATIBILITY** 0.9% sodium chloride, water for injection

**TERMINAL INJECTION SITE COMPATIBILITY** No data available

**REFERENCES**

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