

SCRUBBING, GOWNING-UP AND CLOSED GLOVING FOR A STERILE PROCEDURE

ROYAL HOSPITAL FOR WOMEN - PROCEDURE GUIDELINE

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APPLICABLE TO	Newborn Care Centre Staff – Nursing & Medical			
IMPLICATIONS	To be included in induction training of all new staff.			
APPROVED BY Newborn Care Centre Quality Committee June 2015				
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INTRODUCTION

It is imperative to Neonatal Care that infections be minimised and staff adhere to the concept of correct application infection control.

AIM

To scrub and put sterile gown on to create a barrier between the sterile and non-sterile areas.
To put sterile gloves on using the closed gloved technique.

Note:

Closed gloving is performed after the Proceduralist has donned his/her gown, but BEFORE the Proceduralist pulls his/her hands through the cuffs of the gown.

EQUIPMENT

Sterile gown
Sterile gloves x2
Hat, Mask, Goggles

PROCEDURE

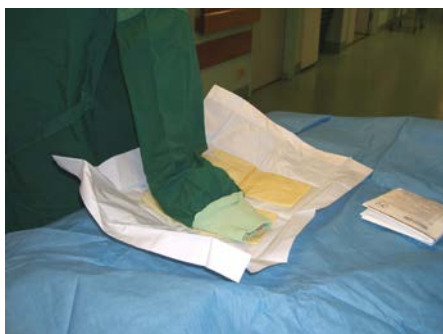
1. Put hat, goggles and mask on. Ensure the mask-surface is facing the correct way and that it covers your nose and mouth.
2. Open the packet of gown.
3. Open the two packets of gloves onto the gown packaging.
4. Perform a surgical handwash (2 minutes) (Picture1).



Picture1

5. Dry hands and arms with the green towel that is included in the gown packet.
6. Lift the folded gown directly upward from the sterile package.
7. Step back from the table into an unobstructed area.
8. Let the gown unfold without contaminating the sterile exterior of the gown.

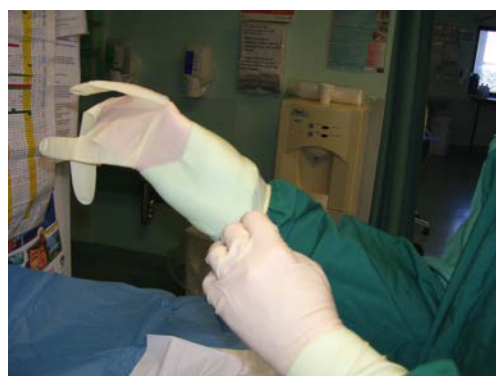
9. Holding the shoulder part of the gown, slip the arm respectively into the armhole.
10. Ask an assistant to tie the tags of the gown.
11. Put gloves on using “closed-gloving technique”
 - Open paper package of first set of gloves
 - Turn packet with fingers of gloves facing procedurer (Picture 2).
 - Left hand to grab the left glove on the opposite side
 - Flip gloves over onto palm of hand without fingers being out of the cuff..
 - Grab the edge of the glove with the other hand
 - Pull glove over the cuff and hand (Picture 3).
 - Pull the sleeve of the gown – the glove will follow (Picture 4).
 - Do the same for the other hand



Picture 2



Picture 3



Picture 4

12. Put the second pair of gloves on by sliding your gloved hands into the gloves.
13. You are now ready for doing a sterile procedure.

NOTE:

Both hands remain inside the sleeves of the sterile gown at all times and should not touch the cuff edges.

RATIONALES

Rationale 1 | To provide *Personal Protective Equipment* (PPE) for protection from contamination

Rationale 4 | To adhere to the 5-Moments of Hand Hygiene

References

http://www.brooksidepress.org/Products/Scrub_Gown_and_Glove_Procedures/lesson_1_Section_6.htm
 Association of Surgical Technologists, Review of the Basics of Gowning and Gloving. Medical Dealer Magazine, 2nd January 2010.