



Discharge Instructions after Bowel Surgery

When do I need to seek medical help?

- Signs of infection
 - Temperature of over 37.8
 - Fevers, chills, shivers or shakes
 - Redness & swelling around the wound; if the wound is very warm to touch or if there is any drainage coming from the wound
- Shortness of breath or chest pain
- Bad belly pain that is not relieved by the pain medicine
- Can not pass urine or new difficulties in passing urine
- Can not drink fluids or keep them down
- A lot of really loose watery stool – over 3 times in one day
- 4 days since the last bowel motion
- A bloody bowel motion where there is blood in the toilet bowl

If in doubt make a phone call to the ERAS Nurse or Health direct.
It's easy to call and check !!

Contact Numbers

In work hours: 9113 1111 – ask for CNC Surgery or CNC Anorectal

After Hours: call Healthdirect on 1800 022 222

