

Feeding Services - South Eastern Sydney Local Health District (SESLHD)

Name	Service Provided	Team Members	Indications for Referral	Referral Process
<p>St George Hospital Multidisciplinary Paediatric Feeding Service</p>	<p>The Multidisciplinary Feeding Service provides a tertiary referral service for children with complex feeding difficulties eg: cardiac conditions, genetic syndroms, prematurity, structural abnormalities (cleft palate, laryngomalacia). It also provides continuum of care for discharged inpatients.</p> <p><u>The clinic offers:</u></p> <ul style="list-style-type: none"> • Consultation and in-clinic assessment of feeding and nutrition • Enteral feeding support and stoma therapy • Tube weaning • Referral for specialist medical investigations (eg., modified barium swallow, endoscopy, allergy testing), as necessary • Referral to relevant community services (eg., psychological medicine) • Community and nursing liaison • Ongoing management / review, with referral back to local services as necessary 	<ul style="list-style-type: none"> • Paediatrician • Dietitian • Speech Pathologist • Child and Family health / Lactation Consultant Nurse • Occupational therapist (on call) 	<p>Referral from a paediatrician is required for this clinic.</p> <p>The clinic will see children who a paediatrician would otherwise refer to both a dietitian and a speech pathologist.</p> <p>For primary care clinicians (GPs, nursing and allied health professionals) the clinic is happy to discuss complex cases and provide advice on suitable local services.</p>	<p>Children referred to the clinic must be under the care of a general paediatrician</p> <p>Written referral from paediatrician, including parents contact details, to Dr Chris Elliot, Paediatrician</p> <p>Referrals can be sent by:</p> <p>Email (preferred) STGfeedingclinic@sesiahs.health.nsw.gov.au</p> <p>Mail c/- Feeding Clinic Intake Officer, St George Integrated Community Health Centre, Burt Nielson Wing , Gray St, Kogarah 2217</p> <p>Fax: 9113 1382</p> <p>To discuss a referral, please email the clinic or call 9113-1360 and ask for the Feeding Clinic Coordinator</p>

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St George Hospital Outpatient Speech Pathology Feeding Service	<p>The Speech Pathology Department provides a service to children (excluding children with severe disability or diagnosed ASD) whose feeding difficulties arise mainly from oral motor and sensory difficulties and other mealtime management issues.</p> <p><u>The clinic offers:</u></p> <ul style="list-style-type: none"> • Feeding assessment • Review / ongoing management, with referral back to local services as necessary • Modified Barium Swallow investigations* • Note: Ongoing or intensive therapy is not available through this service at present 	Speech Pathologist	<ul style="list-style-type: none"> • Structural abnormality potentially impacting feeding (e.g. cleft palate, tongue tie, laryngomalacia) • Impaired feeding related to oral motor skills (eg., poor sucking, poor chewing) • Abnormal sensory responses during eating or drinking (e.g. gagging) • Excessive feeding times (longer than 40 minutes) • Signs (or at risk) of aspiration or reduced airway protection (eg., coughing when drinking) • Difficulties transitioning from: tube or oral feeds, bottle to cup, smooth to lumpy foods, lumpy to chewy and family foods 	<p>Written referral or Speech Pathology Feeding Referral Form from paediatrician, specialist, attending medical officer, nursing or allied health professionals to:</p> <p>Speech Pathologist (Paediatric Feeding) St George Integrated Community Health Centre Burt Nielson Wing St George Hospital Gray St, Kogarah 2217</p> <p>Fax 9113 1382</p> <p>Contact: Paediatric Speech Pathologist, Phone: 9113-1360</p> <p>Referral Form Online: http://speech.stgeorgefeedingservice.info</p>

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Speech Pathology Paediatric Modified Barium Swallow Service (St George Hospital)	A Modified Barium Swallow (MBS) is a recording via x-ray of swallowing in real time using barium contrast to allow for objective assessment and diagnosis of structural and dynamic aspects of oral and pharyngeal phases of swallowing.	<ul style="list-style-type: none"> • Speech Pathologist • Radiologist • Radiographer • Nurse 	<ul style="list-style-type: none"> • The need for further investigation of the anatomy and physiology of the oral cavity or larynx during swallowing • Identify disorders of the oral and pharyngeal phase of swallowing that cause inefficient swallowing or aspiration • Define treatment strategies that will increase swallowing efficiency and or eliminate aspiration 	<p>Paediatrician referrals only will be accepted</p> <p>Written referrals, referrals on "Medical Imaging – Radiology Request Form – St George and Sutherland Hospitals) and referrals via Powerchart are accepted.</p>

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St George Hospital Dietetics Outpatient Clinic Service	<p>The Nutrition and Dietetics Department provides a service to children (excluding children with severe disability or diagnosed ASD) who reside in the St George area</p> <p>The clinic offers:</p> <ul style="list-style-type: none"> • Nutrition assessment • Dietary advice and education to clients/families with nutrition related conditions • Review / ongoing management 	Dietitian	<ul style="list-style-type: none"> • Diagnosed food allergy • Enteral nutrition • Failure to thrive • Overweight or obese children (BMI above the 85th percentile for age) • Fussy eating with diagnosed nutrient deficiency (note: fussy eating referrals without co morbidity will not be accepted) • Inappropriate feeding practices for age • Diet related constipation • Other (as deemed appropriate by paediatrician) 	<p>Written referral or Nutrition and Dietetics Referral Form from paediatrician, specialist, attending medical officer, GP, nursing or allied health professionals</p> <p>Post to:</p> <p>Department of Nutrition and Dietetics, Level 2 Prichard Wing, St George Hospital, Gray St, Kogarah 2217</p> <p>or</p> <p>Fax 9113 2847</p> <p>Contact: Paediatric Dietitian, Ph: 9113 2752</p> <p>Referral Form Online: http://dietitian.stgeorgefeedingservice.info</p>

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St George Hospital School Therapy Team Speech Pathology Service	<p>Provides a community based service to students from all public & private schools Kinder to Year 12 (aged 4-19 years) who have a Physical Disability & are intellectually normal, mild or moderate, & whose feeding difficulties arise from their Physical Disability.</p> <p><u>The service offers:</u></p> <ul style="list-style-type: none"> • Swallowing & Mealtime management assessment, team liaison & planning. • Review / ongoing management & consultation to client, family & school staff. • Gastrostomy review & liaison with hospital stomal CNC teams, & school staff training. 	<ul style="list-style-type: none"> • Speech Pathologist • Occupational Therapist • Physiotherapist 	<ul style="list-style-type: none"> • Physical disability potentially impacting feeding (e.g. cerebral palsy, muscular dystrophy) • Changes to student's eating or drinking patterns (e.g. emergence of choking) • Prolonged feeding times (longer than 40 minutes) • Signs (or at risk) of aspiration or reduced airway protection (eg., coughing when drinking) • Difficulties with gastrostomy feeds at school. 	<p>Written referral from paediatrician, specialist, attending medical officer, nursing or allied health professionals to School Therapy Team St George Hospital, Fax 9113 2239.</p> <p>Contact: Speech Pathologist, telephone 9113-1779.</p>

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Child and Family Health Service	<p>Child and Family Health nurses provide support to parents in their parenting role with children 0- 5yrs. The clinical role includes assessment of the health status of the infant and child and information on normal childhood behaviour. Referral to other appropriate health professional is undertaken if required.</p> <p>Ongoing care around feeding is provided in local clinics & includes:</p> <ul style="list-style-type: none"> • Breastfeeding support • Establishing normal feeding / mealtime routines • Introduction of solids • Managing mealtime behaviours • Parent child interaction around feeding • Infant nutrition • Blue book checks • Early bird groups • Support for families including adjustments to parenting and postnatal depression 	CFHN (Registered Nurses with further qualifications in the speciality of Child and Family Health Nursing. Some Child and Family Health Nurses also have qualifications in Midwifery and/or lactation)		<p>Child & family health nurses offer a home visit to all families with a new baby within the first 2 weeks of birth following notification from either the maternity hospital or midwife.</p> <p>Contact details for each clinic, and more information available on web site:</p> <p>http://www.seslhd.health.nsw.gov.au/SGSHHS_CFHN/</p>

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<p>Family Care Cottages- Child and Family Health</p> <p>Brighton (Bilby Cottage) and Caringbah (Possum Cottage)</p>	<p>The Family Care Cottage is a secondary service staffed by Child and Family Health Nurses and provides additional support for families with children from birth to 12 months that are experiencing more complex problems. Practical advice and support is offered by the nurses during an extended consultation session.</p> <p>Services</p> <ul style="list-style-type: none"> • Sleep and settling (half day stays) • Breastfeeding counselling and support (1:1 1 hour sessions) • Infant nutrition including bottle feeding and solids • Parenting and the care of your child • Support for families including multiple births, premature infants, adjustments to parenting and postnatal depression 	<p>Child and Family Health Nurses</p>		<p>Referrals are required from a health professional then families are triaged depending on individual needs.</p> <p>Referral form available on web site</p> <p>http://www.seslhd.health.nsw.gov.au/SGSHHS_CFHN/</p> <p>Phone referrals / enquires : 9540-7321 Fax 9540-7063</p>

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St George Hospital Occupational Therapy	<p>Assessment and management of sensory processing difficulties that may impact on feeding</p> <p>Assessment and management of self-feeding skills</p> <p>Assessment of seating for feeding</p>	Occupational therapist	<ul style="list-style-type: none"> • Sensory processing difficulties • Poor self-feeding • Children with neuromuscular disorders impacting on positioning for feeding 	Referrals made by contacting Allied Health Intake on (02) 9113-2495
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Cleft Palate Clinic Sydney Children's Hospital	<p>Consultation and management of cleft lip and palate patients as well as multidisciplinary early post natal consultation, management of early feeding and the investigation of possible causation and genetic advice (through the Genetic Clinic). The team works together with families to plan surgery and follow up for cleft conditions. Speech pathology and orthodontic review is provided as needed.</p>	<ul style="list-style-type: none"> • Speech pathologist • Plastic Surgeon • ENT • Audiologist • Paediatrician 	Any baby born in SESLHD with a cleft lip and / or palate	<p>Written referral from paediatrician, specialist, attending medical officer, nursing or allied health professionals to Cleft Palate Clinic address and fax.</p> <p>For urgent newborn feeding referrals contact: Melissa Parkin, Speech Pathologist, Cleft Palate Clinic Ph: 9382 1470</p> <p>Website links: http://www.schn.health.nsw.gov.au/parents-and-carers/our-services/cleft-lip-and-palate/sch</p>