



St. George Hospital  
Pain Management Unit

Banksia Building

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# Chronic Pain Information Session

You have been given an appointment at the St. George Hospital's Pain Management Unit.

We would highly recommend that you come to the Chronic Pain Information Session before your appointment. As chronic pain is complex, this session will give you important information that will make your appointment more meaningful.

**Date:** Friday 14<sup>th</sup> October 2016, 1-3:30pm

**Venue:** St. George Public Hospital - Pain Management Unit

Banksia Building (#17 see attached map)

**Chronic pain affects 1 in 5 Australians.** It impacts on physical function, activity levels and relationships. Successful management therefore requires a multidisciplinary approach attending to the full range of physical, functional, psychological and social elements of chronic pain.

We will provide you with information and some strategies to help with chronic pain which, in combination with your appointment, will lead to a more active and fulfilling life.

**The St George (Public) Hospital - Pain Management Unit** is located in the **Banksia Building** (Rear of hospital campus)  
The *Banksia Building* is a series of demountable buildings situated on the boundary between St George Public Hospital and St George Private Hospital (Refer to Map – building # 17)



No on-site parking at Pain Clinic.

Paid Car Parking is available at the following Metro Car Parking Facilities:

Gray Street Metro Car Park

**Accessible via Chapel Street:** Enter **Gate No.10** and follow roadway & proceed to ramp (*pictured above*)



Belgrave St Metro Car Park  
(*corner of Belgrave & South St*)

There is limited timed on-street parking (short walk to the Pain Clinic)

**Accessible via South Street:** Walk along driveway adjacent to St. George Private Hospital. Proceed to far end of ramped walkway (*pictured above*)